My Choices are bringing me towards my goals

This month I commit to making better choices each day that will bring me in the direction of what is truly right for me.

At the end of each day, I will write down something I thought, took action on or a choice I made that was a positive step in the right direction.

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You can add more in the space below, if you wish.

*“We are our Choices”*

*J.P. Sartre*